

Salacia in Aries: The Sex Factor

By *Psycherotica*

The Family Hunger Games cluster in Capricorn is 0at 90-degrees to a point called Salacia. Located in the Kuiper Belt (near Pluto), I delineate Salacia as being about “the sexual relating that is appropriate for you.”

Not what other people think is right or wrong, preferable or not, socially acceptable or not, what they need or not — but rather, your experience of your sexuality and what it means to you and your intimates; and the sex and relating that you would choose if you could choose anything.

I’m talking about physical relating, with all of its emotional content, lust, risk factors, mixed emotions and reverberations. Many are deeply vulnerable and exploration is subject to mishap. People are fragile right now, so care must be taken, and given.

Now, consider the setup where your personal need and desire at a young age were shaped and influenced mainly by the stress or *mishegoss* of your family and their age-old hangups.

How does anyone have a chance? How does anyone figure out that they have the potential or the ability to choose what they want, or even know? The influence is usually so strong that you think that it’s some kind of permanent installation, if you notice the boundaries and restrictions at all.

To discover your personal truth about your personal sexuality is an essential element in the process of becoming who

you are, and that is the Aries element of what Salacia is doing now.

Note that there are no prefab sexual orientations. No two people have the same one. Every last person on Earth has a wholly unique and distinctive sexual orientation.

There is no “Kinsey Scale” that vaguely approximates reality. Sexual orientation is a flexible, living, breathing 360-by-360 matter, not seven little bumps on a line.

Eroticism is not about categories. There is no alphabet soup, except for maybe the Q — if it stands for Questioning. That implies curiosity. Curiosity implies action taken based on wanting to know, to learn and to feel, followed by learning something and then using that knowledge.

Right now there is tremendous social pressure that the only appropriate sex is with people of the “same sex.” We are very close to defining all heterosexual sexual contact outside of marriage as being a crime scene. This kind of exclusion only weakens community on every level. It is not holistic.

One concept of holistic sexuality is everyone is entitled to be who they are and to like whomever and whatever they like. This includes you. I suggest you be generous with your interests and your curiosity. Find your pleasure spots. And notice where you run into the hooks, snags and fetters.

Ask yourself why your relationships have the sexual rules, regulations and boundaries that they do. Ask yourself where exactly is the free space for you to explore. Your imagination is your sole possession and you have the cosmic

freedom to think about, imagine and feel anything or anyone you want. Therefore, ask yourself the extent to which your feelings are your autonomous property. Ask yourself what you resonate with in others and what they resonate with in you.

Where is the giving, the receiving and the exchange? What form does it take, in the relationships that you experience today and have in the past? Is it what you really want and need? What is right for you?

That's the starting point with Salacia.

Intomese: Your Sexual Experiences With Yourself

Salacia in Aries describes sexual experiences you have with yourself that nobody else is aware of.

Your sexual relationship with yourself is where all appropriateness begins. You are free to share this facet of your being but are distinctly free not to. You are yours, and yours to share — or not.

Choosing begins with exploring your preferences. This takes time, willingness and patience if things go wrong.

Tune into how selfsex is the most vulnerable to judgment and attack when we are children. There is a reason most religious movements go after this path of sexual experience so harshly: it contains the roots of self-awareness.

Imagine if that awareness were invited to flourish and people grew themselves into balanced and self-aware adults.

I think it's a good idea to be aware of any 'moral' objections to sexuality and to track your relationship with them. This includes political objections. They

have all been imprinted into us. These and other rebuttals of your privilege of feeling your own existence may come up on your journey, along with guilt, shame and embarrassment.

Handled in a creative and loving way, any emotions become potentials rather than limits or barriers. In essence, the seeming barrier describes where to find the potential. It is but a thin veil that you may brush away to reveal the true pleasure beyond it..

Most sexual relationships between two people seem to have codependent elements, which is another way of saying that "self" and "other" get a bit mixed up. There is also something known as projection, which means seeing your feelings or desires manifest seemingly through someone else, not realizing they are yours.

How exactly do you address the problem of projection? It would seem, at first, by experimenting with the idea that all you see and all you feel involving others is a form of shining your mind onto them.

All these "others" are in one sense elements of yourself that are seen as outside yourself.

There exists the idea, famous in religious contexts, that selfsex is the gateway drug to all other sex. Perhaps that's true, though I would prefer to think of it as protosexuality: the fertile seed of sexual consciousness and growth, which can open in many creative directions. Your self-given orgasm is the seed of self-awareness busting to life within you.

There is the idea that selfsexuality is narcissistic or vain. The situation that the mythical Narcissus had was he

didn't know the person he was looking at in the reflection was himself. He was also not interested in the women around him who loved him. In our alienated world, exploring 'Narcissism' is an erotic frontier, a place to move around and play. You may treat the person in the mirror as yourself, and then experiment with your image as other. You will be deep in a kind of privacy here.

Be aware that love brings up everything unlike itself. This is why the journey to loving yourself can be so challenging. You will need and learn and create patience and kindness toward yourself as parts of you that have been shrouded in the shadows go to the light.

You will have many opportunities for forgiveness of yourself and of others. This is the only key to love being a safe space.

As you explore the mystery of yourself and your self-given orgasm, you may discover that it contains potential for forgiveness.

One way to explore orgasm (especially self-given) is as a fountain of self forgiveness. You let go of all your grievances there and give yourself no choice but to love. This will help you be gentler with yourself.

You Bring Yourself Into Every Relationship

You bring with you into any relationship situation all of the feelings that you have for yourself.

If your relationship with yourself is fraught, you will bring that into your partnerships. If your relationship with yourself is loving, that is what you import and share.

If you know how to see and work out your differences with yourself, you will being a much more easygoing way of being into your relationships. And yet these things are rarely innate; they are learned through practice.

Personally I think it's a good idea to dedicate all relationships to the cultivation of selflove. Relationships need community support, and your relationship to yourself will benefit from having the affirmation of the people around you.

In intimate partnerships, this implies some shade of being open with another human being about your inner sexual life. You might include describing what you do with yourself, imagine and desire. Then there is the intimacy of how you feel about you.

Because Salacia is moving in a long, slow dance with the Capricorn cluster, which is so enmeshed with family crisis, there is going to be some sorting out to do. You contain both legs of the square: the Capricorn cluster leg and the Salacia in Aries leg.

When you pause to wonder what exactly has been driving the story line of your family, including any rolling disasters you witness across the generations, be sure to add questions about the role of sexual misinformation, mishaps, guilt, shame and the influence of religion and alcohol on all of it.

Remember as you proceed that guilt, shame and embarrassment are not merely obstacles. They are points of entry into your true desires.

I consider this to be one of the very most important concepts I have learned from my tantric studies and practice. If you treat these feelings as a veil, they

become an invitation to go beyond the veil and gradually experience your deepest pleasures and self-knowledge. Can this really be a matter of morality? Some consider self-knowledge to be dangerous, because it contains the freedom of who you are. It's important to go slowly with yourself; you contain vast internal territory that has been declared a forbidden zone from your own awareness. All kinds of blocks have been thrown in your way (especially guilt, embarrassment and shame).

And now you are ready to enter yourself. Cross your inner boundaries gently. See what they are/were made of. You belong here: you are not a trespasser. You are returning home to yourself.

Any 'negative' emotion such as guilt, shame, embarrassment and jealousy suggests not that you're "doing the wrong thing" but rather getting to know yourself. This is often against the seeming will of some internal authority structure. You work this out by working out guilt.

Of all experiences in the universe, you have a cosmic entitlement to developing your self-awareness, which is very close to selflove. And when you feel that love of who you are, that's an invitation to follow where you lead you.

About Sharing

It is natural to want to share your selflove and self pleasure. Some might keep mum while others desire to bring others into the secret. You will know when you're ready for this. You would get to decide what to do if an opportunity to share presents itself.

Until that happens, the imagining of revealing yourself in the same space as

others may appeal to you. Sharing in this way opens the potential for seeing and being seen — and to offer the pleasure of witness to others. The need to be seen and witnessed is a profound core of desire, providing deep emotional fulfillment. It's not necessary to interpenetrate one another to explore this kind of intimacy.

You may find that the little space created by not penetrating conducts a deeper communication and helps you stay centered. Sharing masturbation is a lighter form of sex that does not carry the responsibilities of contact. Yet all the beauty and loving are available.

Sharing within couples is another plunge into love and selflove. If you want to refresh the sexual passion and profound intimacy within a relationship, perhaps try masturbating together.

Within couples, selflove expression holds an exalted place because it helps people establish themselves as individuals, and take responsibility for their own feelings — including their own orgasm. Sharing self-given orgasm is a potent metaphor that you are one with yourself within the relationship.

About Masturbation Celibacy

There are people for whom selfsex is their way of sex. I call this masturbation celibacy. It's the intentional and freely chosen experience of being exclusively one's own lover. It is a natural and easygoing way of alive sexuality. There is a cosmos among us of those who choose to be selflovers.

Imagine if all the mirrors were interconnected.

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