



Planet Waves for Aug. 20, 2026 — Printable/Shareable PDF

By Eric Francis | PlanetWaves.net

ARIES — If you approach any seeming hard limits over the next week or two — and you inevitably will — check within for the emotional nature of the situation. You might perceive something is a block to your progress when really it's about a belief. You might think a door is locked, but have you tried turning the knob? If you see a fence in front of you, have you tried going around it? Nearly everything you experience right now is shaped and dictated by your beliefs. This is often true for nearly everyone. But you have especially strong filters (for example, the long Neptune-Borasisi conjunction in your sign) that are fogging over your self-perception and calling for you to question everything. Take note that not everything seemingly false is wrong, and what seems boldly true may be meaningless.

TAURUS — You tend to be risk averse but this is reaching Guinness World Record levels at the moment. What's going on? Your solar chart reminds me of the T. S. Eliot line, "Do I dare eat a peach?" Yes, it's true, if you ask the government, there are risks involved. But I'm here to ask you what is behind the thought form of your meticulous resistance to new experience? The cosmos is trying with all of its might to pop you free of whatever that is. It involves being intimidated by your own creativity and not wanting to seem too weird. Making art has the feeling of your hair about to burst into flames. And I will violate every rule of the 21st century and say there is something about sex. At least find a friend and talk about it. Or maybe just do something about it.

GEMINI — In the sublime sense, the Moon is a veil rather than an object with its own gravity. When that veil is drawn back, as it is about to be with the lunar eclipse of Aug. 28, something is revealed. And that something may possess a lot of thrust and momentum, or even a shocking and brilliant quality. But the drawing back of the psychic curtain is temporary and it will be up to you to notice what is back there in the psychic distance. That something is your potential, and if you want to realize the truth of your existence, you will need to have faith in yourself and bring that thing, that quality, that state of being forward into your everyday life. You may get a look at whatever this is and then return to covering yourself. But you've done quite enough of that.

CANCER — You have discovered many times the awesome power of faith. Not of belief; that's a different thing — the opposite thing. I mean fidelity to your journey through this world without allowing belief to get in the way. An eclipse of the Moon in the sensitive and watery angle of your chart will help you find your faith. Yet to do this you must go beyond yourself just a little. Cancer tends to be focused on the present place and time. Extend your vision into the future and also beyond where you are currently situated — just a little. This is not about seeing a destination, but rather seeing further than your current scenario, and then practicing that skill. To have something different you must have the opening in your mind where that potential can enter. And this is a form of faith that requires daily practice.

LEO — The recent total eclipse of the Sun in your birth sign will be rematched by a lunar eclipse in Pisces, your 8th solar house. This is where you negotiate with others, and come to agreements with them. Having Pisces here is idealistic. You see and expect the best from people and you can be let down, even though you're generally one of those "prove it to me" types. The question now turns to whether your faith in a particular relationship was justified. You may feel like there is a sticking point when it comes to the exchange. But the planetary picture suggests that the real theme of this meeting is about you expressing your generosity

without hesitation or condition. And there are many attributes of someone close to you that you would do well to adopt and make your own.

VIRGO — You seem to be in a colossal struggle to learn flexibility. Being born under a mutable sign should make this natural to you, but you also (wisely) have a tendency to be a little defensive about change. Too much is toxic and destabilizing. And yet you may have gone so far in the direction of seeking what you think of as stability that you have forgotten about your superpower. In truth you may be mistaking narrowness of viewpoint for dependability. If you see something or someone one way, perhaps it will stay that way. If you look up and around you, you may notice that change is coming in the form of necessary and natural progress and growth. Someone close to you will lead the way and encourage you to face the unknown with optimism and a sense of adventure.

LIBRA — Be realistic and at the same time assert yourself against obstacles that get in your way. Realistic means awareness of your environment, your options and how you choose from among them. Use your resources wisely, and remember that no promise is certain until delivery is taken. Assertion means a gentle, steady push in the direction you want to go. Meet resistance with persistence and calm confidence. Tone down your emotional responses to challenging situations and guide yourself through them with faith in your proven abilities. Small adjustments to your workflow and patterns can give you big rewards; experiment with how you handle ordinary routines. The lunar eclipse in Pisces says take care of yourself in conscious ways, including not skimping on pleasure or rest no matter how busy you may be.

SCORPIO — While there are many moving parts to your astrology at the moment, the most significant is Chiron in Taurus. This is a new longterm influence insisting that you pay careful attention to your relationships. Do not take anyone or anything for granted. Count it as your responsibility to maintain communication no matter how many TikTok videos urge you to blame someone else.

If you're waiting to hear from someone, reach out. If you want to meet someone, walk up to them. You may feel inwardly free but socially awkward. Remind yourself that nobody judges you more than you judge yourself, and few if any people notice the things that you're the most self-critical of. It's pretty much all in your mind. So feel good about yourself and be known for your generosity in all forms.

SAGITTARIUS — A lunar eclipse in your sensitive Pisces angle is reminding you how quickly things can change the moment you find your confidence. For all your seeming self-assurance, you're often deeply insecure in ways you would not want known to the world — even those close to you. Yet this can change instantly the moment you have a modicum of trust in your abilities. No effort is required. No push is involved. It's a decision you seem to not even make yourself; it somehow just happens — and suddenly you're connected to the truth of your abilities. Yet in truth you actually do decide; you stop resisting. You cast off your false lack of confidence and reveal your inner strength. It seems so easy when it happens and you may wonder why it does not happen more often. Keep practicing; you will get it.

CAPRICORN — Emotional honesty must be your first priority. In the world as we know it, this is a joke — but it cannot be for you. Be real with yourself, and don't let anyone, anything, or any past factor cloud the truth of your self-knowledge. There are so many influences, coming from every direction and aimed at distracting you, that this may seem impossible. Yet the most significant of those influences is internal. In homeopathy it's called the "core delusion," the deep subconscious internal filter that distorts your experience of yourself. It may come in the form of persistent beliefs that you have never questioned and assume are true without even consciously accepting them. It's difficult to even see these things, but once you identify them, you'll be able to question them and make changes as a result.

AQUARIUS — Events of the next week or so will reveal a priority that you may have overlooked or not known that you had. Once

you discover what this is, you'll need to make adjustments to how you allocate resources. The deep truth is that you must consciously live for the reasons that are the most important to you. Few dare to do this, constantly pushed and pulled by external factors, guilt trips, advertising and false desires. A rare lunar eclipse in your house of assets, values and priorities will reveal the truth of what you want, which is very close to who you are. This is your invitation to get real and take action. You don't need to act all at once, however. Guide yourself every day in the direction you know you must go, which means making every decision on a different basis than you're accustomed to.

PISCES — Most of learning is unlearning, or at least that is where it starts. Most of what prevents the acquisition of new habits, abilities and knowledge is the accumulated disinformation of the past. An eclipse of the Moon in your birth sign is encouraging you to release what is not true and what does not work. This can be small things like a cluttered bookshelf, a single mistaken belief, or more holistic factors like how you plan your days. Pay attention to what you discover is not serving a valid purpose, and make adjustments. Then there's what you feed and allow to flourish. One of your assets is your flexibility and talent for adaptation. Use these skills boldly, and don't be dissuaded by others around you who must stick to rigid patterns and regulations that prevent their free movement of mind and feeling.